



LEANNE LOVE
PRODUCTIVITY



H A B I T
daily
T R A C K E R

FOR HIGH PERFORMING INDIVIDUALS



DAILY HABIT TRACKER

Start being intentional with your days by adding clarity, focus and purpose to your every day life.

The 3 most important areas of focus in your life right now:

Next to each answer, write down why it's important to you.

List one action step for each category you can add to your day.

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When will you take these action steps? Write it down below and then allocate a times slot in your calendar.

What will happen if you take these steps and succeed? What will happen if you don't take action?

Who is counting on you to make these changes happen? Write it down. Next, take out your phone, set a reminder, and have it repeat every day.

PS. You've got this!